



## Chinese Herbal Formulas and Applications

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# Chinese Herbal Formulas and Applications

*John K. Chen*

## **Chinese Herbal Formulas and Applications** John K. Chen

Following the highly acclaimed Chinese Medical Herbology and Pharmacology, Dr. John Chen and Tina Chen present to you the long awaited companion volume, Chinese Herbal Formulas and Applications. Chinese Herbal Formulas and Applications takes the next step in presenting not only the traditional usage of Chinese herbal formulas, but a combined perspective of the pharmacological effects of formulas themselves with clinically relevant research evidence. As competencies in multiple healthcare disciplines continue to be raised the need for integrative understandings rise with it. Chinese Herbal Formulas and Applications brings together Chinese Herbal Medicine and expands this with the pharmaceutical effects and clinical research findings to use herbal medicines exclusively or in combination with the allopathic medicine. Enhancing the understanding of herbs and herbal formulas from multiple perspectives, Chinese Herbal Formulas and Applications is a resource for improved patient care and therapeutic outcome. **OUTSTANDING FEATURES EXCLUSIVE TO Chinese Herbal Formulas and Applications** Comprehensive explanation of the pharmacology of herbal medicinal formulas, and concurrent uses of herbal formulas and pharmaceuticals Documentation from clinical studies and published research Profiles of the doctors without whom there would be no Chinese medicine: insights into the historical context and backgrounds of those famous individuals who shaped our understanding of disease patterns, treatment strategies and herbal formulas. Contributions from over 100 academic, clinical, research and regulatory professionals who reviewed the text before publication, to complement the work of the authors. **PLUS** Detailed traditional and modern uses, preparation, administration, dosages, combinations, cautions, contraindications and toxicology Authors comments drawn from clinical experience Appendices on herbal medicine for pregnancy and postpartum care and much more

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